



Kelston Primary School Health and Physical Education [HPE] Community Consultation 2019.

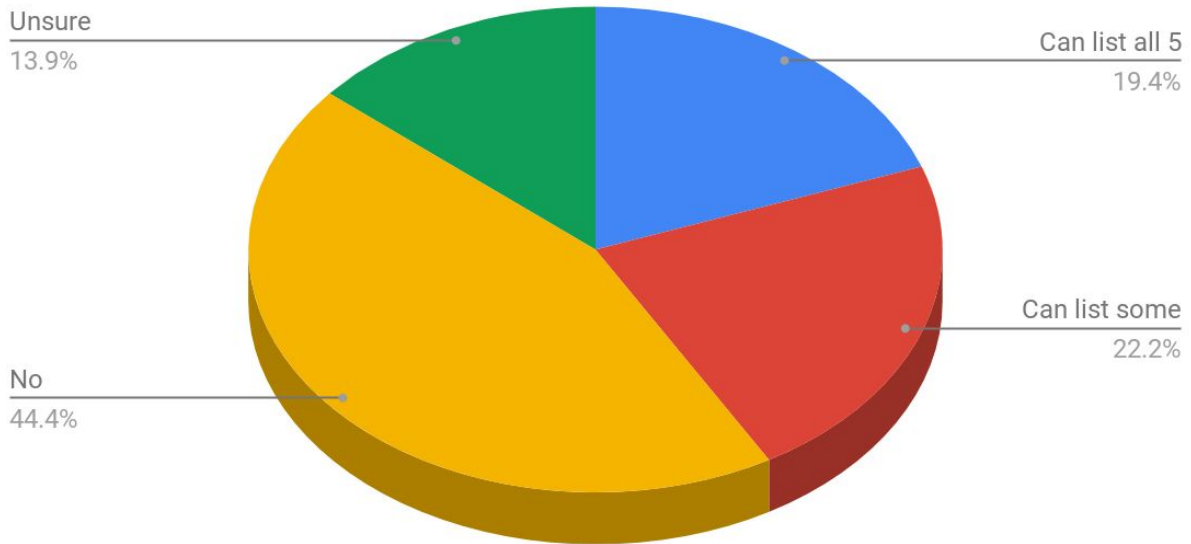
1. What are the things you would expect to see in a HPE programme in Kelston Primary?
 - More sport activities
 - Promote healthy living within our children & sport activities
 - To give knowledge and comprehension about HPE
 - Happy children [smiles], no line waiting, activities that build on skills to be used in practical games, tuakana/teina - jnrs and snrs fostering growth
 - Swimming classes, chess club, practising about protecting themselves [our kids], educating about using first aid
 - After school activities
 - Ball play/games, kids happy outside in sun, inside if wet, floor games
 - Fun, sharing & caring
 - Practical application of skills, small groups to promote part
 - The importance of eating vegetables and fruit, healthy eating
 - Making sure the kids are kept active and learn how to stay healthy
 - Health and wellbeing
 - Healthy eating, exercise
 - More sports within the school for our kids to join
 - More regular activities that would make our kids more interested in a specific sport
 - Play based learning
 - Keeping ourselves healthy, both structured and unstructured games ie netball, football
 - Physical drills, health and hygiene eg check fingernails
 - Children encouraging others to be more involved in physical activities, students enjoying activities
 - Kids playing different sports and eating options
 - More activities eg more sports teams and kids learning more exercises
 - Different sports programmes which enhances physical and mental strengths of the child
 - Consideration for all kids skill levels, focus on fun
 - Fitness
 - I would like to see a school rugby team form or a touch team
 - Children engaging in physical activity
 - Sports, fun, variety
 - Variety of equipment, respect towards others
 - Physical activities, sports, education in healthy living



- Fun and engaging activities that promote learning to be part of a team, leadership and a sense of responsibility towards others
- Sports, fitness, healthy eating
- More physical activities for children
- Fitness and health
- More activities



2. Do you know our 5 CORE VALUES here at Kelston Primary?



Responses:

- Respect
- Responsible choices
- Aim high
- Community
- Honesty
- Excellence
- Curiosity
- Listen - talk when spoken to
- Happy
- Courage
- Effort
- Education
- Community
- Creativity
- Value yourself, others, environments, education



3. How important do you think school VALUES are and why?

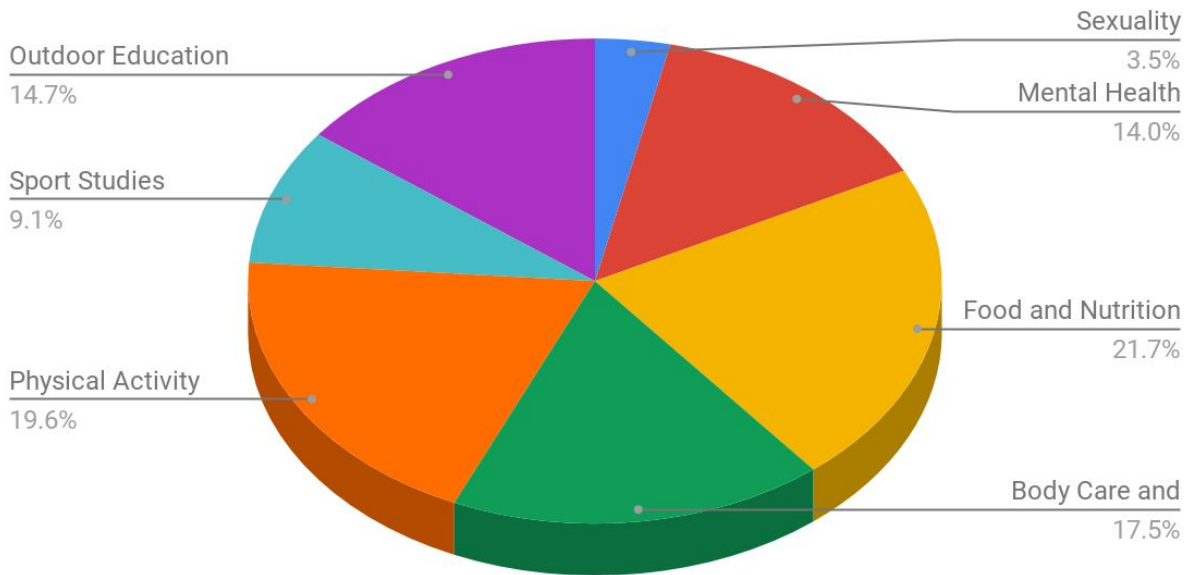
[All responses feel VALUES are important]

- It works both ways, school and home
- They represent who we are within this school
- Any values make a valuable person
- Quite important to emanate these same values at home also
- Aids in kids growth
- The most important value is Honesty - with this core value our kids could understand and practise better to develop the other ones
- Important for children's health
- Need to learn to ensure all happy and 'do' learn/listen
- Teaches respect for others
- Teaching kids to put them into practise is great
- Important in upbringing of anyone because it is where they can keep themselves accountable and work towards
- It teaches the students to value the important things
- Very important, teaches children the importance of values
- It teaches our kids the important things in LIFE
- Community and respect for me is important because it helps them understand that they should foresee the need of the community
- They share the ethics of the school
- It gives students a motto to strive for and gives a sense of achievement
- It is what the kids take with them in life
- Extremely important in wellbeing, education, future of our child. Students need to be curious to get academic excellence, need to be honest and respectful to build a productive community
- Kids can break values but they can learn from their mistakes
- Values guide principle and focus
- Important to have values in order to reach set goals
- Important for children to understand them
- Highly important children learn values from an early age - sets boundaries in their lives and upbringing
- Important for children to understand
- Helps shape the kids to behave and use manners
- Guide our children if they understand each value
- Helps keep the kids in focus
- Important for students to learn the school values



4. Which of the seven learning areas in Health and Physical Education would you like to see more of in the future?

- Sexuality
- Mental Health
- Food and Nutrition
- Body Care and Physical Safety
- Physical Activity
- Sport Studies
- Outdoor Education





5. What value do you believe HPE adds to your child's overall education at school?

- Discipline
- Being actively fit. Better understanding of the subject “physical education”
- Keeping active is important to us - after school practise/weekend sports
- Along with education HPE makes the kids more mentally strong
- My children will be more confident to open up in social activities
- Physical activities
- Healthy kids/families
- Confident in themselves
- The value of staying healthy and active, keep them healthy and active to learn
- Don't know
- Teaching them how to eat well and to look after yourself
- It makes them realise that healthy living is a good thing for the community
- A lot - confidence in themselves and their place in society, being safe and well mentally and physically
- Keeps them physically fit and motivated
- Community - looking out for one another [physical and mental]
 - Being a team [showing leadership]
 - Working together
 - Excellence - moving forward/overcoming barriers
 - Pushing your limits
- Lots of values, need to be healthier and more active
- It would teach him how to look after his body not only now but when he's older
- In today's day and age, with technology in focus HPE is critical to ensure technology does not disable or hinder health and wellbeing in kids
- Promotes child physical and mental being, encourage teamwork and social awareness
- Teamwork
- Communication skills, work ethics
- Respect, personal space
- To stay healthy and it's good for you
- Children curious about outdoor activities will also strengthen their thinking in the classroom
- Good manners

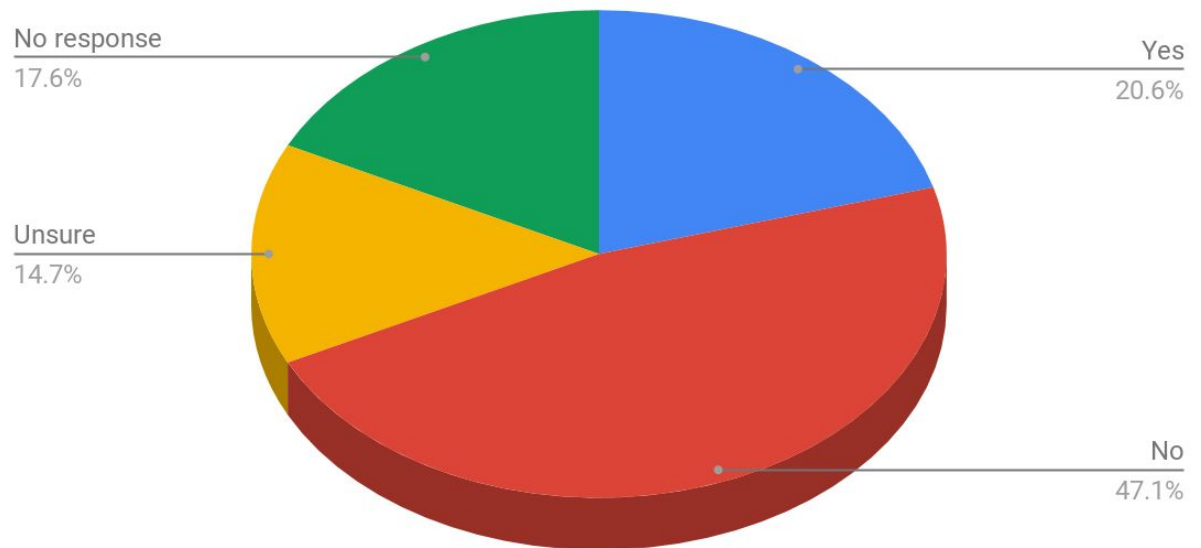


6. What does our school do really well in Health and Physical Education?

- Sports
- I'm not sure
- Athletics and swimming
- From what I have observed, it appears safe and organised, which is appreciated
- Sports, family day
- Rugby
- All sporting activities
- Games
- Sports are focus
- Knowing to be healthy inside our bodies
- Physical activity
- We love the athletics held every year at Trust Stadium and the morning exercise
- They open new opportunities for Kelson students, most of all their students enjoy the outdoor activities
- Lots of games and play based learning. Great body care and physical safety programme
- Athletics, Netball, Cricket, KOS
- Safety
- Promotes healthy eating, exercise outside
- Have students involved in outdoor activities and teaching them about health and wellbeing
- Keeping the kids active
- Promote exercise every morning before the start of class
- Life education caravan is great
- Yr sports/games places/equipment
- Teaching about healthy food
- Physical activity and outdoor education
- We haven't been here long enough to know
- Sports programme
- Active participation in team sports
- Maintaining good manners



7. Are you concerned about any particular aspects of Health and Physical Education currently being taught?



Of the responses received these are those with concerns

- Maybe/sometimes
- I wish the sport studying could be pushed more
- Food and Nutrition
- Not enough Outdoor Education
- Don't know what is happening in this area
- Mental health/mental illness appears to be lacking
- I'm concerned about my child knowing or allowing to know about agenda change. This should be left till they are in highschool. I don't want them confused.
- I don't know what is currently being taught
- Not sure what is being taught in regards to HPE



8. Is there any other feedback you would like to provide?

- Pleased to see that the school is strict of water but also need to offer more healthy food variety in the tuck-shop should it open again
- I think family should teach children about sensitive topics i.e. body care and sex
- We do not have much information at to what the programmes on HPE
- Please teach the kids the value of eating healthy, in addition to what we instill in them
- I believe there should be a healthy tuckshop open to the kids with fresh fruit and sandwiches and juice. I'd be glad to be a tuckshop lady - Salena Stavros Mum. Other than that happy mum
- None you guys are doing a great job
- Thanks
- Maybe more culturally responsive games/play
- Thank you, Keep up the awesome work
- Keep up the good work
- School has masses of grounds/equipment, playgrounds and equipment
- Encourage students to participate in school or club sports teams
- So far so good, many thanks and more power.